

# Adas Yeshuron Synagogue



*Most Shabbat services, classes, and other synagogue activities are being held on Zoom to stop the spread of the coronavirus. For any in-person events, face masks are required.*

## Zoom Link for All Synagogue Programs

To access our online programs, copy and paste this link into your browser:

<https://us02web.zoom.us/j/85962789484>

or click on the blue box below. The same link is used for all our programs.

**CLICK HERE TO JOIN US ON ZOOM**

---

## k2Together: Interfaith Knitting Group

**Wednesday, February 10, 2 p.m.**

Get to know knitters from faith communities around midcoast Maine. Bring a cup of coffee, your favorite yarn or other craft project, and make new friends!

FMI contact Rabbi Solochek: [rabbi@adasyeshuron.org](mailto:rabbi@adasyeshuron.org).

---

## Thursday Morning Check-In

**Thursdays at 8:30 a.m.**

Connect with community as Rabbi Solochek leads brief morning reflections and

prayers, followed by conversation. This is a good opportunity to say kaddish if you are observing a yahrzeit. Pour yourself a cup of coffee and meet us online!

[\*\*CLICK HERE TO JOIN ON ZOOM\*\*](#)

---

## **Shabbat Services and Torah Study**

**Saturday, February 13, 10 a.m.**

Join us for prayer, song, and study of this week's Torah portion.

[\*\*CLICK HERE TO JOIN ON ZOOM\*\*](#)

---

## **Statewide Havdalah with Rabbi Solocek**

**Saturday, February 13, 6:30 p.m.**

Rabbi Solocek will be joined by Rabbi Rachel Isaacs of Beth Israel, Waterville and Cantor Shayna De Lowe of Rodeph Sholom, New York for the Center for Small Town Jewish Life's statewide Havdalah service. Join community members from across the state as we welcome a new week with ritual, song, and reflection. Have on hand a havdalah candle, kiddush cup, and spices if you wish to participate from home. To get the Zoom details you must register by clicking on the link below.

[\*\*REGISTER FOR HAVDALAH\*\*](#)

---

## **Books & Bagels**

**Sunday, February 14, 10 a.m.**

This month's book, "Apeirogon," by Colum McCann, is a novel (mostly) based on the story of how Bassam Aramin, a Palestinian whose daughter was killed by Israelis, and Rami Elhanan, an Israeli whose daughter was killed by Palestinians, work together for peace. For more information contact Judy Stein, [judykstein@gmail.com](mailto:judykstein@gmail.com).

[\*\*CLICK HERE TO JOIN ON ZOOM\*\*](#)

---

## Do You Have a Memory or Story to Share?

In preparation for our healing service on Friday, Feb. 26, marking a year since we were all together inside the synagogue building, Rabbi Solochek is collecting stories and memories from members of the community. What comes to mind when you recall your experiences in the synagoguebar and bat mitzvahs, weddings, holidays, community gatherings? What interactions or moments stand out for you? We'd love to hear from you. Simple, unspectacular memories are fine; we are interested in what you remember, what you miss, what was meaningful to you.  
Send your thoughts to [rabbi@adasyoshuron.org](mailto:rabbi@adasyoshuron.org). Thank you!

---

## Tzedek Series: Disability Rights and Inclusion

**SAVE THE DATE**  
**Sunday, February 21, 6 p.m.**

Mark your calendars for the first in our new Tzedek series exploring Disability Rights and Inclusion in the Jewish tradition. Our speaker, Liz Weintraub, is a senior advocacy specialist at the AUCDthe Association of University Centers on Disabilities. She has a long history of leadership in self advocacy, and has held many board and advisory positions at state and national organizations. She is the host of [Tuesdays With Liz: Disability Policy for All](#), where she attempts to make the language of policies accessible to all. In the fall of 2018, Liz told the story of her personal experience as a woman with disabilities as she testified before the Senate Judiciary Committee about the potential implications of a Kavanaugh confirmation to the civil rights of people with disabilities. Check next week's email for further details, and plan to join us for this important conversation.

---

## How Can We Help?

*Need help with errands? A phone call to say hello?  
Would you like to check in with Rabbi Solochek?  
Could you use some technical support with Zoom?*

Reach out to us! The synagogue office is closed, but we are responding to emails and messages. We'd love to hear from you!

*Please contact the office:*  
[info@adasyoshuron.org](mailto:info@adasyoshuron.org)  
207-594-4523

---



---

We hope you like receiving our emails.  
However, you can always [unsubscribe from this list](#).

Adas Yoshuron Synagogue  
50 Willow Street  
PO Box 1250  
Rockland, ME 04841  
207-594-4523  
[www.adasyoshuron.org](http://www.adasyoshuron.org)  
[info@adasyoshuron.org](mailto:info@adasyoshuron.org)

This email was sent to [dmj@mindspring.com](mailto:dmj@mindspring.com)  
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)  
Adas Yoshuron Synagogue · 50 Willow St · PO Box 1250 · Rockland, ME 04841-3033 · USA